

## Sermon Notes 12.17.17

The False Gospel of Guilt & Shame: The Truth about Guilt and Shame  
Luke 15:11-32

### The Problem of Guilt and Shame

Guilt and shame are two of the most toxic things in our culture today. While they are prominent in the church, they are not of God. They are inconsistent with the character and nature of Jesus. Shame may be the most dangerous thing in our culture today. It destroys individuals, relationships and communities. Shame is manipulative and self-perpetuating. The cycle of guilt and shame can be difficult to break. Shame is not Biblical, healthy or effective.

	<b>Truth (Gospel of Jesus)</b>	<b>Lie (Guilt &amp; Shame)</b>
<b>Disciple</b>		
<b>Theology</b>		
<b>Biblical Values &amp; Gospel Truth</b>		
<b>Spiritual Result</b>		

**Your Notes:**

## **Pastor Marcus' Notes & Slides:**

- The most profound difference between Judas and Peter was the direction in which they ran when they failed Jesus, when they failed as disciples. Judas ran away, Peter ran towards Jesus.
- The idea of condemnation is fairly simple. It means that we are destined for death and destruction, there is no hope, no rescue, nothing we can do about it. It is full of despair, judgment, anger and hatred. To be condemned is to be sentenced, to be punished. Condemnation brings with it a sense of finality. To be condemned is to be rejected not only for your performance, but for who you are as well.
- Jesus did not just come to save us from hell, to save us from something, but to save us to something. Those who reject the false gospel of guilt and shame and embrace the Gospel of Jesus are compelled. They are compelled to live differently, to live freely, to live in God's unconditional love and grace. The Gospel of Jesus isn't just about life after we die, it's about our life now, today, each and every day.
- We are often led to believe that the gospel of guilt and shame are a part of the Gospel of Jesus, which could not be further from the truth.
- Mercy leads us to love and value others in spite of our disagreements and differences. Mercy leads us to know that we have great value regardless of our imperfections.
- Legalism is always an impossible standard, it is impossible because it is not something that we can achieve. It is impossible because we are imperfect. It is impossible because we are sinners. It is impossible because it is always a standard that no one can meet. Legalism is rooted entirely in fear and it is a desperate attempt to address fear through control.
- When we embrace the Gospel of Jesus, spiritually we end up being fully free. It creates wholeness, abidance and joy. When we embrace the Gospel of Jesus and reject the false gospel of guilt and shame, we truly live the spirit-filled life.
- The first step is identifying and understanding the problem of guilt and shame, the second step is to make a decision to seek to both reject and overcome the false gospel of guilt and shame.
- The third key to overcoming guilt and shame is allowing grace to become more personal for you. The more personal grace becomes for us, the less personal everything else will feel.

## **Other Notes**